

# Mark Keppel High School

## Student Bulletin Monday March 11th, 2024

### Bell Schedule - Collaboration

**“There are seven days in the week and SOMEDAY isn’t one of them”**  
**- Dr. Shaquille O’Neal**

#### ATHLETIC

**Athletic Events: Week of Mar. 11th-Mar. 16th, 2024**  
**Show school spirit and pride; attend sporting events.**  
Check [MKHS](#) website for all scheduled games

- Medical Clearance Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- Attention Fall and Winter Girl Athletes, if you are interested in trying out for the swim team, please contact Coach Perez.
- MKHS Athletic Webpage: [mkhs.org](#) (Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010
- **CONGRATULATIONS TO...**
  - Boys’ Varsity Tennis wins over El Monte.
  - Boys’ JV & Varsity Tennis win over Schurr.
  - Boys’ JV & Varsity Volleyball win over Schurr & Alhambra.
  - Boys’ & Girls’ Swim/Dive - All Levels win over Montebello.
  - Softball wins over Pioneer, Norwalk & Liberty Christian.
  - Badminton Varsity wins over Amino Venice Charter.
  - Baseball wins over San Gabriel.
  - Badminton @ Mira Costa Tournament - 2nd Place Girls’ Doubles - Sophia Duong & Sarah Duong.
  - Boys’ & Girls’ Track & Field - Results at Rosemead Invitational.
    - **Kalani Kakita, Nadia Pan, Harley Thai, Brooke Crawford** - 1st place in the Girls F/S 4 x100m relay with a time of 55.47 seconds.
    - **Kalani Kakita** - 1st place in Girls F/S 100m hurdles with a time of 17.62 seconds; 2nd place in Girls F/S 100m with a time of 14.05 seconds; 1st place in Girls F/S 300m hurdles with a time of 52.01 seconds.
    - **Brooke Crawford** - 2nd place in Girls F/S 100m hurdles with a time of 19.48 seconds; 3rd place Girls F/S 100m with a time of 14.10 seconds.
    - **Joey Ono, Owen Chen, Anthony Louanghot, Nathan Chung** - Boys F/S 4 x 100m Relay team: 2nd Place with a time of 48.05 seconds.
    - **Nathan Chung** -5th place in Boys F/S 100m
    - **Ethan Amaro, Amado Ward, Elvin Yang, William Liu** - 1st Place in Boys Varsity 4 x 100m relay with a time of 44.82 seconds
    - **William Liu** - 1st place in Boys Varsity 100m with a time of 10.94 seconds; 1st place in Boys Varsity 200m with a time of 22.97 seconds.
    - **Victoria Vega** - 3rd place in Girls F/S 1600m
    - **Tony Be** - 4th place in Boys Varsity 110 hurdles with a time of 18.27 seconds.
    - **Jay Zhang** - 2nd place in Boys F/S 300m hurdles with a time of 49.39 seconds.
    - **Kent Kakita** - 4th place in Boys F/S 300, hurdles in a time of 49.41 seconds.

- **Alex Luo, Dillon Lieu, Kyle Ohashi, Eason He** - 2nd Place in the Boys F/S 4 x400m relay with a time of 3:57.98.
- **Alex Luo** - 4th place in Boys F/S 200m with a time of 25.64 seconds.
- **Eason He** - 4th place in Boys F/S 400m with a time of 56.25 seconds.
- **Elvin Yang, Jayden Chu, Carson Wang, William Liu** -1st place in the Boys Varsity 4 x 400m relay with a time of 3:44.63
- **Daniel Gamboa** - 1st place in Boys Varsity Long Jump with a jump of 19 feet 3 inches; 2nd place in the Boys Varsity Triple Jump with a jump of 38 feet and 9 inches; 5th place in the Boys Varsity High Jump with a height of 5 feet 2 inches.
- **Boys Varsity got 1st place as a team.**
- **Kelly Liu** - 4th place for Girls Varsity Long Jump with a jump of 14 feet and 2 inches.

***Monday, March 11th - Collaboration Schedule - All Periods - No Events***

***Tuesday, March 12th - Block Schedule - Periods 1, 3, 5***

- Boys' JV Tennis vs Alhambra - Games Begin 3:15PM - Tennis Courts - Early Dismissal 2:15PM
- Boys' Varsity Tennis @ Alhambra - Games Begin 3:15PM - Early Dismissal 1:30PM - Bus Leaves 2PM
- Baseball vs Bell Gardens - 3:30PM - Baseball Varsity Field - Early Dismissal 2PM
- Softball @ Montebello - 3:30PM - Early Dismissal 1:30PM - Bus Leaves 2PM
- Boys' Varsity Volleyball vs Montebello - Sets Begin 4PM - Aztec Arena - Early Dismissal 3PM
- Boys' JV Volleyball vs Montebello - Sets Begin 5:30PM - Aztec Arena - No Early Dismissal

***Wednesday, March 13th - Block Schedule - Periods 2, 4, 6***

- Badminton JV & Varsity vs San Marino - Games Begin 3:30PM - Aztec Arena - Early Dismissal 2:30PM
- Boys' Golf @ Whittier Narrows GC vs Schurr - Matches Begin 2:30PM - Early Dismissal 12:30PM - Bus Leaves 1PM
- Boys' & Girls' Swim/Dive @ Rosemead Aquatic Center vs San Gabriel - All Levels - Meet Begins 3PM - Early Dismissal 1PM - Bus Leaves 1:30PM

***Thursday, March 14th - Regular Schedule - All Periods***

- Boys' Varsity Tennis @ Montebello - Games Begin 3:15PM - Early Dismissal 1:15PM - Bus Leaves 1:45PM
- Boys' JV Tennis vs Montebello - Games Begin 3:15PM - Tennis Courts - Early Dismissal 2:15PM
- Softball @ San Gabriel - 3:30PM - Softball Varsity Field - Early Dismissal 1:30PM - Bus Leaves 2PM
- Boys' & Girls' Track & Field @ San Gabriel - All Levels - Meet Begins 3:30PM - Early Dismissal 1:15PM - Bus Leaves 1:45PM
- Boys' Varsity Volleyball vs San Gabriel - 4PM - Aztec Arena - Early Dismissal 3PM
- Boys' JV Volleyball vs San Gabriel - 5:30PM - Aztec Arena - No Early Dismissal

***Friday, March 15th - Regular Schedule - All Periods***

- Baseball @ Veteran's Park vs Bell Gardens - 3:30PM - Early Dismissal 1PM - Bus Leaves 1:30PM

***Saturday, March 16th***

- Boys' & Girls' Track & Field @ Monrovia Invitational - All Levels - Meet Begins 8AM - Bus Leaves 7:30AM
- Softball @ Sante Fe Tournament vs TBD - Game Time TBD - Location TBD

## **SPRING SHOWCASE - MEAN GIRLS**

**COME AND SEE THE LIONS ROAR!! This Friday at 7PM & Saturday at 2PM are the final show dates for MEAN GIRLS.** We had TERRIFIC audiences last weekend and are sure to have more this weekend. Don't miss your chance to meet THE PLASTICS, come and enjoy MEAN GIRLS!

## **CLASS OF 2024**

### **Attention Seniors:**

1. Mark your calendar, **Class of 2024 Graduation date is Friday, May 24th from 6:00pm-8:00pm at the Pasadena Rose Bowl.**
2. A **Graduation Cap/Gown** is required to participate in the graduation ceremony. Check our school website or your student email for the detailed memo. [\*\*ORDER ONLINE HERE!\*\*](#)
3. **TOMORROW, March 12th will be the last day Academic Apparels will be on campus to take orders and make measurements.**

## **YEARBOOK**

Price is increasing and they are selling out! Stop by the Student Bank to purchase your **2024 yearbook** if you haven't done so already

## **MKHS ALLIANCE**

**MKHS Alliance's 5K run/walk fundraiser is Saturday, April 6th at Keppel.** Register by March 13th to be guaranteed a free 5K t-shirt. Registration & payment can be made directly to Ms. Phillips in room A114 or online. For more info &/or to register online, go to <https://mkhsalliance.wixsite.com/my-site-2> or view the 5K flyer on Keppel's website.

## **POWERTIME**

**TO ALL STUDENTS** do not forget to log into Adaptive Scheduler to select Powertime locations for the **Month of March.**

## **WELLNESS CENTER - MENTAL HEALTH LUNCH TABLE**

Join us for our "Mental Health Lunch Table":

Counselors will be out in Palm Court on **Wednesday, March, 13 2024,** during lunch with mental health resources on campus to learn about healthy sleep habits. Make sure to stop by for some goodies and resources. Stop by, say Hi, and pick up resources and information about National Sleep Awareness Month!

## **COLLEGE & CAREER CENTER**

**Attention Aztecs, two field trip opportunities are coming up!**

1. On **Thursday March 14th** ELAC will be hosting "CTE Renaissance: The Future of Workforce Education". If you are interested in learning more about the careers in technical education offered at ELAC please sign up.
2. On **Monday March 18th** we will be having a field trip to the Electrical Training Institute (ETI). If you are interested in pursuing a career as an electrician or in electrical work please sign up. Field trip slips are available right now at the College and Career Center during lunch , don't miss your chance to sign up.
3. Aztecs receive information regarding scholarships & tuition from the following College/Military representatives.
  - **3/14** California Baptist University (Riverside, CA)
  - **3/21** U.S. Navy

### **MKHS VOCAL ENSEMBLE**

If you are interested in auditioning for Vocal Ensemble, Mark Keppel's advanced choir or in being a student accompanist for one of our choirs? Please use the qr codes on the posters hanging around campus to sign up. If you want to be in choir but do not wish to audition, please sign up for "mixed choir," no experience necessary."

### **AP CLASS**

If you are planning to take an honors or AP class next school year, please make sure you submit the H/AP contract. The contract can be found in your student portal under the link "Forms" in the navigation menu if you no longer have access to select your classes.

### **FOOD RECOVERY**

Did you know the United States discards more food than any other country in the world: nearly 60 million tons — 120 billion pounds — every year. That's estimated to be almost 40 percent of the entire US food supply. In an effort to not let food go to waste. We have bins placed by the end of the checkout lines. Place unopened items you do not want into the bin. This is a way for us to fight against food waste and give what we can back to the food bank in our community. Please do not put trash in these bins.

### **LOST & FOUND**

The Student Support Services office has a metal cabinet with lost & found items. Items that are not picked up will be removed at the end of each month.

### **LUNCH**

**REMINDER to all students that food delivery or drop off on campus is not allowed.** For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop-Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.

### **STUDENT PARKING**

Students can only park their vehicles using the baseball parking lot and on the left side facing Hellman. The right side, closest to the school, is reserved for visitors. Parking spaces are limited, and it's first come first served. The front lot will be closed at 7:30 AM

## **STUDENT BANK**

### **ATTENTION: New Student Bank Hours:**

- ★ Monday : 8:00 a.m.- 4:00 p.m.
- ★ Tuesday: 12:00 p.m. -4:00 p.m.
- ★ Wednesday: 8:00 a.m. -4:00 p.m.
- ★ Thursdays: 12:00 p.m.- 4:00 p.m.
- ★ Friday: 8:00 a.m.-4:00 p.m.